

IHS Injury Prevention Program



California Area Indian Health Service

Introduction to Injury Prevention Course offered in Bishop

The Indian Health Service (IHS), in conjunction with the Toiyabe Injury Prevention Coalition, is sponsoring an Introduction to Injury Prevention (*level 1*) course in Bishop, California from April 19 through the 22nd.

The IHS offers three general injury prevention courses: Introductory, Intermediate, and Advanced Injury Prevention (IP). All three of these 32 hour courses have been recently updated and have been offered over the last four years with great success. Participant evaluations have been very positive and student suggestions have been incorporated to make learning experiences even better. The courses are integrated to build on each other to provide injury prevention practitioners with take-home skills and practical knowledge. This approach assists graduates with delivering effective IP programs at the community level.

These courses are taught using “Adult Learning” principles and provide the students with the opportunity to participate in practical exercises to master the 7 core topics. The core topics threaded through the courses are:

- ◆ Public Health Approach to IP
- ◆ Program Design and Implementation
- ◆ Coalitions and Collaborations
- ◆ Program Evaluations
- ◆ Injury Data
- ◆ Marketing and Advocacy
- ◆ Program Management

These three IHS courses are scheduled throughout the year in a variety of locations (*see page 3*). Interested persons should contact Robert Newsad (916-930-3981, ext. 337) for more information.

IHS Injury Prevention Grants

IHS will be soliciting for proposals for Tribal Capacity Building Grants once again this Spring. The Ki'ma:w Medical Center in Hoopa and the California Rural Indian Health Board were successful in getting 5 year grants during the last cycle that was offered in 2000. Final details for the upcoming grants will be released in the request for proposal. However, the 2005 grants will be structured similarly to the grants that were awarded in 2000. In 2000, the grants were for \$50,000 per year for up to five years. They were available to tribes, tribal organizations, and urban programs to support development of injury prevention programs. Once a grant was awarded it could be funded at \$50,000 each year up to five continuous years for a total of \$250,000. Continuation was contingent upon performance.

In the 2000 grant awards, injury intervention grants for \$15,000 per year up to three years were also available. All tribes and tribal organizations should receive the announcement by direct mail from the IHS grants office. Additional application packets and assistance with preparation of proposals will be available from the California Area Indian Health Service.

For more Information on the IHS Injury Prevention Program contact:

Robert Newsad, MPH
650 Capital Mall, 7-100
Sacramento, CA 95814
916-930-3981, Ext. 337
Fax: 916-930-3954
robert.newsad@ihs.gov

Capacity Building

University of North Carolina Provides Technical Assistance

The IHS contracts with the University of North Carolina (UNC) Injury Prevention Research Center (IPRC) to provide a variety of services in Indian Country. This arrangement has been in place for over six years and has developed into an important resource for tribes and Indian health providers. The UNC staff monitors the 29 programs that are participating in the IHS injury prevention capacity building projects. The UNC staff have traveled extensively throughout all 12 IHS areas and have provided support to many grassroots injury prevention efforts. The perspectives they have obtained equips them to provide relevant guidance and recommendations to tribal injury prevention staff. The UNC staff can identify resources and provide contacts for most injury prevention topics or problems facing tribal programs.



The University of North Carolina (UNC) staff provide assistance to Hoopa injury prevention staff in making digital presentations.. (L-R) Darla Jean (Hoopa), Dr. Carolyn Crump (UNC), Jessica Mossier (Hoopa), Molly Cannon (UNC).



Myla Jensen of CRIHB presents child passenger protection topics at the Smith River Rancheria head start during the site visits of the University of North Carolina Injury Prevention consultation staff.

Dr. Carolyn Crump and Molly Cannon visited Hoopa and the Smith River Rancheria in December 2004. The UNC team reviewed programs offered by the Ki'ma:w Medical Health Program and the California Rural Indian Health Board (CRIHB) as part of the IHS Capacity Building grant review process. Staff from the Ki'ma:w Medical Health Program in Hoopa conducted a child passenger protection training.

CRIHB and United Indian Health Service also held a training on child passenger protection (CPP) and sponsored a CPP checkpoint as part of their grant review activities. The checkpoint was held at the Smith River Rancheria head start and was well attended by numerous members of the community.

Training

IHS Injury Prevention Courses Offer Unique Training

Many California Indian health care providers have attended IHS injury prevention training over the last two decades. The IHS contracted with the University of North Carolina (UNC) to improve the injury prevention training program. The revised courses have been met with great approval and have received exceptionally high evaluations from the first graduating students.

Seven core topics are covered in the courses. These core topics are introduced and explored in a progressive manner throughout the three courses. The presentation of the subject matter allows students to build on each course. The closely intertwined curriculum incorporates the latest practical information and approaches that have been proven to reduce injuries in Indian country.

The highly-acclaimed IHS Injury Prevention Fellowship training program has also been modified. There are now two tracts: (1) Program Development and (2) Epidemiology. The IHS IP Fellowship provides advanced learning from experts at top IP research centers. The IHS IP Fellowship is recognized as one of the most comprehensive IP training programs in the world. The IHS provides funding for health programs staff to attend these trainings.

The basic IHS courses (*levels I-II*) are prerequisites for persons that want to pursue the IHS IP Fellowship program. Health programs with trained staff that have taken these courses also receive extra points to qualify for the IHS capacity building grants that will be awarded this year.

IHS Violence Prevention Course

April 5-8 Albuquerque, NM

This course will focus on practical applications of existing knowledge to prevent violence/intentional injuries in American Indian/Alaska Native (AI/AN) communities. There will be a combination of lectures, class exercises, small group work, and presentations by tribal and IHS staff who have conducted prevention projects in their communities. Topics:

1. Best practices for intervention and prevention of domestic violence in American Indian/Alaska Native (AI/AN) communities;
2. IHS and tribal initiatives in preventing domestic violence;
3. Legal aspects of domestic violence in AI/AN communities;
4. Promoting collaboration and partnerships among individuals, tribal agencies, and IHS personnel;
5. Collecting, interpreting, and using data for violence prevention;
6. Alcohol/substance abuse and firearms as risk factors;
7. Resources for prevention, including curricula, technical assistance, and funding.

You must register by March 15, 2005. Limit: 25 participants.

A Few Upcoming IHS Courses

Violence Prevention

Albuquerque, New Mexico

April 5-8

Introduction to Injury Prevention (Level 1)

Bishop, California

April 19-22

Advanced Injury Prevention (Level 3)

Anchorage, Alaska

April 12-15

Introduction to Injury Prevention (Level 1)

Aberdeen, South Dakota

April 26-29

Intermediate Injury Prevention (Level 2)

Duluth, Minnesota

May 23-27

Sleep Safe Program

The goal of the Sleep Safe program is to reduce the rate of fire and burn injuries among AI/AN children enrolled in tribal head start programs. The objectives for the Sleep Safe program include:

- ◆ Providing a fire safety curriculum module for the head start.
- ◆ Providing smoke detectors for each child's home.
- ◆ Providing project implementation training for at least one head start staff member.

In addition, the US Fire Administration and the Indian Health Service have produced a fire safety video entitled,

"Practicing Home Fire Safety."

This 9 minute video features American Indians in the cast and was produced specifically for use in conducting American Indian and Alaska Native fire safety projects. The video

features an American Indian family as they make a comprehensive fire safety plan for their home. ***Please contact Robert Newsad if you would like a copy of this video.***

Website Information: <http://www.ihs.gov/MedicalPrograms/InjuryPrevention/sleepsafe.pdf>

Norma McAdams Presents Fellowship Project in Washington, DC

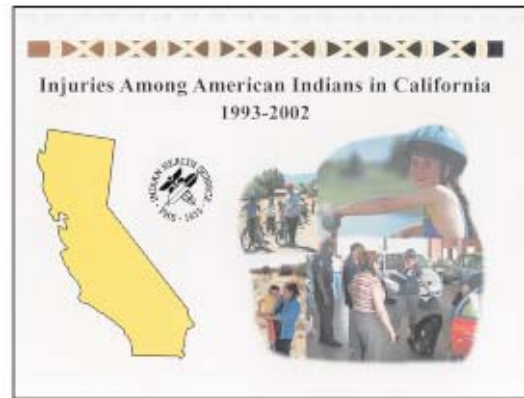
In June 2004, Hoopa Tribal member Norma McAdams, presented a project that she did as part of her yearlong participation in the IHS Injury Prevention Fellowship



(*Program Development Tract*). The majority of Norma's project was devoted to conducting case studies involving domestic violence. More information on how to participate in the IHS Injury Prevention Fellowship program can be found at: <http://www.injuryfellowship.org/>

Comprehensive Injury Data for California Indian Health Programs

During the Summer of 2004, Janae Lane, a masters degree student from the University of Indiana, compiled the most recent available data for injuries to California Indians. The resulting "Injury Atlas" specific for California Indians was mailed to all health program directors in September 2004. Please contact Robert Newsad for additional copies.



Child Passenger Protection Videos Available

The California Area Indian Health Service Injury Prevention Program maintains a video lending library. Included are several videos that health program staff have found very useful in child passenger protection (CPP) education. Some of the specific titles include:

- ◆ "Securing our Future" an 11 minute video featuring American Indians exploring traditional issues.
- ◆ "Protecting our Most Cherished Gift" filmed with American Indians in North Dakota. 13 minutes
- ◆ "Don't Risk Your Child's Life" Version 6, a contemporary approach to CPP with information to train health providers. 21 minutes.
- ◆ "Sizes" a booster seat video produced by Boost America, 5 minutes.
- ◆ "Cradleboards, A Tradition of Safety and Security" Yakima Nation. Discusses relationships between traditional cradleboards and child passenger protection devices. 12 minutes.

